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CALGARY • TUESDAY MARCH 16 2010

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Edmonton student dies on class ski trip

PANORAMA A school ski trip to Panorama ended in tragedy when Grade 10 student Skylar Lockwood crashed into a tree and died yesterday.

"Skylar was an energetic Grade 10 student," said principal Audrey Gibson, as she tried to hold back tears. Some 34 students along with three supervisors left for the B.C. mountain resort on Sunday morning and were scheduled to return this afternoon. Instead, the bus came back a day early.

"Today has just been a tragic day for our school community," Gibson said. "It was difficult to tell the kids and the staff."

Lockwood was wearing a helmet at the time of the crash and was airlifted to a hospital in Invermere.

ANDREAS MORSE/
 FOR METRO CANADA

Flame Stymied



Detroit goalie Jimmy Howard stops Calgary's Curtis Glencross last night on a penalty shot. The Red Wings went on to beat the Flames 2-1. Story, page 12

Back-country rules would be unenforceable: Snowmobilers

AVALANCHE Snowmobilers remain opposed to having their back-country fun regulated despite a weekend avalanche that killed two Alberta men and injured 31 others.

B.C. Snowmobile Federation executive director Les Auston says rules restricting access to the province's vast back-country would be unenforceable.

Auston also says it's a personal choice of those who engage in high-risk activity such as high-marking, which is the practice of racing a snowmobile up the side of a mountain to see who can go the highest.

Auston says education is a better approach to getting people to make more informed decisions.

A massive slide struck spectators and participants at the Big Iron Shoot-Out near Revelstoke late Saturday afternoon.

Revelstoke Mayor David Raven says a quick response saved 30 to 40 lives, but adds if the accident had happened even half an hour later, darkness would have made it impossible to locate dozens of injured people.

THE CANADIAN PRESS

Licences

• B.C. is one of only a few provinces and territories in Canada that doesn't require snowmobile drivers to have a licence.

Gorilla's near-escape leads to suspension

KRISTA SYLVESTER
 krista.sylvester@metronews.ca

More monkey business at the Calgary Zoo yesterday — this time involving a gorilla — has led to a zookeeper's suspension.

The zoo confirmed it suspended an "experienced" zookeeper for failing to properly secure the gorilla's outdoor exhibit that allowed seven-year-old Shana to leap from a pile of ice and onto the perimeter screen glass.

Calgary Zoo director of conservation Cathy Gav-

iller said Shana perched briefly atop the fence, but has a shy personality and he leapt back into the outdoor habitat when an employee spotted him.

"His curiosity got the best of him for a moment, but he very quickly changed his mind. He and the other gorilla, Zola, were brought indoors immediately," Gaviller said.

"There was no danger to the public as the zoo hadn't opened yet. It all

happened in just a few minutes."

Gaviller said the zoo is taking the situation seriously and will look into additional precautionary safety measures.

Zoocheck Canada's campaign director Julie Woodyer is frustrated to learn of another incident at the Calgary Zoo due to human error.

"A gorilla on the loose can be a very dangerous thing and they are lucky he decided to go back

inside. It's obviously a very bad situation," Woodyer said.

Woodyer pointed out recent incidents involving a knife left in the gorilla enclosure and a door closing on a capybara point to a serious problem.

"Sure they can say things happen sometimes, but this keeps happening again and again. I keep getting calls about these incidents."

The zoo is currently under review by a panel of industry experts after a string of incidents dating back two years.



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Celebrity Buzz pg 16

Emma's got a Latin lover



On the web
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People who earn regular income from tips and gratuities should keep a diary of the amounts they receive. In some circumstances, a diary might prevent an unfair assessment by CRA.

This tax tip brought to you by Alberta's Chartered Accountants.
 To see all 56 useful tax tips please visit:

www.albertaCAs.ca



CA Chartered Accountants of Alberta

The Institute of Chartered Accountants of Alberta provides tax tips on an annual basis as a public service. The tips are intended to be used as general guidance. For specific advice about filing your 2009 tax return, please consult with the Canada Revenue Agency or your personal tax professional.

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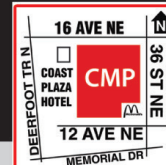
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Local



Cigarette cited as likely cause in fire

Careless disposal of a cigarette is believed to be the cause of a fire in the city's northeast on March 11. The fire at 171 Covewood Close NE spread throughout the structure and also damaged two adjacent homes. Damage estimates top \$450,000. No injuries were reported in the blaze.

METRO CALGARY

Two men charged in altercation

INVESTIGATION Police have laid charges against two men after a bizarre altercation between the duo early Sunday morning in the city's southeast resulted in both men becoming victim and suspect.

Staff Sgt. Mark Hatchette said one man is known to police as being a "recidivist offender" and the other man is from the United States.

Kenneth James Trusty, 31, of Calgary, and Brian Brown, 20, face numerous weapon and assault charges in relation to the incident outside a late night party. Police say both men remain in stable condition. Police are asking anyone with information to contact them at 403-657-6400.

KRISTA SYLVESTER/METRO CALGARY

Ikea pulls pillow after scare

Mom found thread from product wrapped around son's neck

KRISTA SYLVESTER
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Threads from a baby pillow entangled around a 15-month-old child's neck has prompted a popular retailer in the city to remove the product from its shelves while an investigation is conducted.

Last week, Melinda Gombert awoke to her son Lucas "losing his mind screaming," and upon entering the child's room she discovered an Ikea "Len" crib baby pillow with the threads unravelled and wrapped around his neck three times and his body once.

"The pillow was just hanging at his side and it took me about five minutes to unravel it and the seam was busted open," she said, adding her son had red lines on his neck the rest of the day.

"It was so terrifying, and I just want something to be done about it so no other mother or child has to go through what we went through."



Ikea Canada has pulled a baby pillow product off their shelves across the country after Calgary mother Melinda Gombert found a thread from the pillow wrapped around her 15-month-old son Lucas' neck and body last week.

The incident occurred on March 8 and Gombert immediately contacted both Ikea and Health Canada through their websites and both are investigating the product's safety.

"I'm really glad they are

addressing the problem quickly," Gombert added.

Ikea Canada spokesperson Madeleine Lowenborg-Frick said the pillows will remain off the shelves until the investigation by Health Canada is complete, and

then they will decide if a recall is necessary.

"We take matters like this very seriously and we are committed to the safety and security of everyone who comes into contact with our products," she said.

Development a life-long project: Student

EDUCATION Growing older hasn't stopped Diane Morton from pursuing school and her zeal to make a difference in the world.

Morton says she wears her age like a badge even though she doesn't feel her age or look her age of 66 years.

"I set high goals for myself," said Morton, also an active member of the public speaking Toastmasters since 2006.

Morton is enrolled at the University of Calgary majoring in Developmental Studies and intends to improve lives of people in developing countries after completing her studies.

Students Jennifer Lay, 25, and Amy Badry, 19, both met Morton through the U of C.

"I am who I am with Diane, I don't feel like I have to tone down anything, she's just as crazy, we both love to dance," said Badry.

Lay has learnt from Mor-

ton that goals can still be set and accomplished and life doesn't need to be seen as over no matter how old you are.

Morton's intuition has guided her into friendships with younger students and she only approaches others she senses would be open to her.

"I always think of Diane as equal, I don't think of her as older than me," said Badry while the trio baked for a Developmental Studies Group fundraiser.

APRIL STUART/FOR METRO CALGARY



Amy Badry, Jennifer Lay and Diane Morton baked for a fundraiser this weekend.



Reviews on the city's newest refurbished transit station are in, and riders enjoy the renovated stop.

New station gets thumbs up

TRANSIT Customers of Calgary Transit are impressed with the new Third Street SW station.

The platform, which opened Friday, is the fourth to open as part of the Seventh Avenue Refurbishment project.

Calgary Transit passenger Randy Yaschik is glad the platform finally open.

"This is my first time using it, and it's about time they opened it," said Yaschik.

Although he believes it took a long time for the platform to open up, he's still impressed with it.

"I like it a lot, it's nice and

has a lot of open air, it's good."

The platform was the most anticipated and busiest in downtown because it's close to popular commercial and business centres. The station alone gets 16,000 users per day.

The station also features better lighting and improved accessibility to both transit and surrounding buildings.

"I'm happy with this station, especially since now I don't have to walk all the way to the 6th street platform," said Myrna Arnold.

IMAN BUKHARI/
FOR METRO CALGARY

News in brief

BODY Calgary Police Service is investigating the death of a man whose body was found floating in the Bow River yesterday afternoon. Police, fire and EMS responded and found the body caught up on ice approximately 40 feet from shore. Three fire department divers launched an inflatable boat to retrieve the body, but the man was declared dead by paramedics on scene.

DIRECTOR Wildrose Alliance announced yesterday that Victor Marciano is the new executive director of the party. Marciano is a political volunteer and activist at the federal and provincial level. He had previously held a series of influential roles with the federal Conservative party, where he was part of their election readiness, campaign training, war-room teams, and led some key election victories.

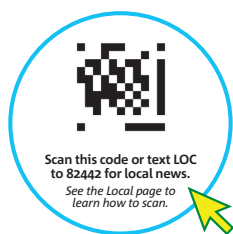
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notes the following deaths
in our community:

APPELHOF, Harry (Harke)
BRAUL, Henry
BRYANT, Amy (Ellen) (nee Ullery)
CROSBIE, Hugh William
CUNNINGHAM, Norma June (nee Woolston)
DORAIS, Alfred
FEA, Frederick Robert (Bert)
GALE, Eric Ralph
HOLSTEIN, Frieda (nee Balde)
HUTCHINGS, Stella (nee Coslik)
JOHNSON, Lloyd Eric
JOHNSON, Ruth Elizabeth (Willes)
JONES, Margaret Ellen (nee Jackson)
JORDAN, Mary (Stella)
KRIVY, Annie
MACKEY, John-Michael
MARGETTS, Shaun Gerard
MCGARRIGLE, Kieran
MCKAY, Neil Ross
MCLAUGHLIN, William Wayne
REID, Patricia Joan
ROWE, Elsie (nee Hautzinger/Anderson)
RUMML, John
RUSSELL, Margaret
SUDNIK, Alexander "Alek"
TESTIN, Marie Ann (nee Hutter)
WESLEY, Angelina Faith
WILSON, Robert (Bob)

For full obituaries go to
CalgaryObits.com



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Following news stories on Twitter... CalgaryTweets

@cailynnk whatever happened to Calgary Economic Development re-branding project? I thought 'heart of the new west' replacement was for early 2010 #yyc
@AlinaRuxandra #yyc such a gorgeous day today! Tomorrow it's supposed to be 19 degrees!
@jijychan Record high of 19c tomorrow. Now I have no excuse to stay home. #yyc.

metronews.ca What's online today.

Blogs Kenya Hunt checks in with 70s-inspired threads at Paris Fashion Week and Backbeat fearlessly lists the greatest singers of all time

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The Alcohol and Gaming Commission of Ontario is investigating allegations a Belleville bar served an 18-year-old man who was later charged with murdering two people in nearby Mountain View. **THE CANADIAN PRESS**

Canada



There's an 'app' to track your health

The day is not too far off when your cellphone, iPhone or Blackberry will ring to remind you to take your medication. That's one of the eventual goals of a new web tool which launched by the McGill University Health Centre at a news conference yesterday. The secure program, known as Unani.ca, allows anyone with Internet access to maintain a list of personal health conditions, medications, allergies and family medical history. In short, it allows you to build your own medical file. **THE CANADIAN PRESS**

Political junk mail 'essential,' says Tory

POLITICS Those one-page MP mailouts that have been stuffing Canadian mail boxes — and blue boxes — while ruffling feathers in the House of Commons for the last two years are “essential to our democracy,” a Conservative cabinet minister said yesterday.

Steven Fletcher, minister of state for democratic reform, was responding to a Liberal motion that would

see MP mailing privileges restricted to their own ridings and could save taxpayers up to \$10 million each year. **THE CANADIAN PRESS**



More seniors embracing new sexual identity.

Scan code or text 82442 to 82442 for more. Learn how to scan on the Local page.

News in brief

INTERNET The Conservative government is quietly cutting between \$4,000 and \$5,000 in funding to hundreds of community groups and even

hospitals that provide free Internet access to Canadians who might not otherwise have a chance to get online. **THE CANADIAN PRESS**

Feds release emergency plan

The government has released an “all-hazards” national emergency response plan four months after it was chastised for not having one approved by cabinet.

The plan outlines the responsibilities departments and agencies have in national or provincial emergencies, as well as international ones that could affect Canada.

“It outlines the processes and mechanisms needed for an integrated response to an emergency,” Public Safety Minister Vic Toews said yesterday.

“It’s also designed to coordinate emergency response efforts by federal, provincial and territorial governments, as well as the private sector and NGOs. Most of all, it will help to ensure that the

Auditor report

• In November, Auditor General Sheila Fraser said Public Safety Canada, the agency responsible for coordinating the federal crisis response, had not completed an emergency blueprint.

government’s response to an emergency is seamless and timely and that key decisions can be made quickly when disaster strikes.”

Largely logistical in nature, the plan touches on virtually every conceivable natural or man-made disaster, from toxic spills and plane or train crashes to earthquakes, storms and pandemics. It also addresses government roles in tackling “cyber incidents” and terrorism.

THE CANADIAN PRESS



Public Safety Minister Vic Toews announces the Federal Emergency Response Plan in Ottawa yesterday as he stands beside emergency personnel taking part in a mock contamination.



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Sears

Poverty spurs native gang growth: RCMP

Aboriginal gangs are proliferating across Canada as criminal organizations exploit the intense poverty and squalid conditions that many First Nations youth live in, says a top officer with the RCMP's aboriginal police division.

The gangs' stock-in-trade includes drug distribution, prostitution and theft, and they're only growing more sophisticated, said the RCMP.

"The gangs are brought on by poverty," said RCMP Sgt. Merle Carpenter, who holds the aboriginal gangs file with the National Aboriginal Policing Services.

"They intimidate by violence and these aboriginal youth are just wanting to belong to somebody."

While Winnipeg, with its large aboriginal population, is still the epicentre

for native gangs, outfits like the Indian Posse, the Manitoba Warriors and the Native Syndicate have spread from coast to coast and into the far North.

"They are certainly increasing in numbers and becoming more sophisticated in how they do business," said Carpenter, who is a member of the Inuvialuit First Nation in the western arctic.

The gangs are growing through the country's network of jails, which are acting as hothouses for recruitment and learning the tricks of the trade.

If you're not a member of a gang when you go to jail, police officials in Manitoba say, you will be when you come out. Many prisoners simply cannot survive jail life without the protection of a gang. **THE CANADIAN PRESS**

Spain Seal hunt protest



Animal rights demonstrators, smeared with fake blood, protest against Canada's annual seal hunt in front of the Commercial Office of Canada at Catalunya Square in Barcelona, Spain, yesterday on the International Day of Action Against Seal Hunting.

RCMP could have reviewed fatal N.S. shooting: Former watchdog

CAPE BRETON A former RCMP watchdog doesn't accept the force's argument that it couldn't launch a disciplinary review into the conduct of an officer who fatally shot a Nova Scotia man in his home in 2008.

The RCMP said it didn't carry out an internal review of Const. Jeremy Frenette in the shooting death of John Simon in Cape Breton because it couldn't urge another police agency to rush an external review.

Federal law requires the RCMP to start a disciplinary review within a year of an incident, but that time period had elapsed by the time it received a Halifax police report clearing Frenette of any criminal wrongdoing.

But Paul Kennedy, the former chairman of the RCMP complaints commission, says the review could have been carried out as the Halifax police were conducting their own investigation.

THE CANADIAN PRESS

News in brief

ST. JOHN'S Premier Danny Williams of Newfoundland and Labrador is back at work, almost six weeks after having heart surgery in the United States that created an uproar

on both sides of the border. The 60-year-old Williams had a specialized type of surgery on Feb. 4 in Miami to repair a heart valve.

THE CANADIAN PRESS

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Comment

Mad Max setting his own course

NationalReport

Lawrence Martin

metronews.ca/nationalreport

The most intriguing Conservative in Ottawa these days is Maxime Bernier. The Quebecer, who was bounced from cabinet a couple years ago, separates himself from others in his

party because he isn't afraid to speak his mind.

Most all other Conservatives have sadly been reduced to courtiers and toadies for fear of what might happen to them if they say anything off cue.

Bernier fell from grace as a result of his affair with Julie Couillard, the woman who hung around with biker gangs. She subsequently wrote a book, quoting Bernier as calling the prime minister a control freak among other things. Mad Max, as the tall, charismatic

Bernier is sometimes called, figures he has no future under Harper. So why not rock the boat.

In speeches, he's come out against the need for big stimulus to get the country out of the recession. As well, he sees no need for government activism to combat climate change. In one speech he put a new twist on the famous line from John F. Kennedy. Said Bernier, "Don't ask what your country can do for you. Ask your government to get out of the way."

His Darwinian musings have prompted some observers to suggest he is openly challenging Harper, aiming at a leadership run. That's a bit of a stretch. But it was interesting to note that in a speech to the Preston Manning Institute on the weekend, he was full of praise for the goals of the old Reform Party, but failed to mention Stephen Harper once. That raised a few more eyebrows.

On Quebec policy, Mad Max is far to the right of the party, arguing that free-

market policy prescriptions are the way to Quebecers' hearts. In his riding of La Beauce he is hugely popular, winning by a giant margin — even after "biker-gate."

Bernier is also the only Conservative MP to run his own blog. Garth Turner, the one Tory who tried that before, was hooped out of the caucus for not toeing the party line.

Bernier sounds like he wants to bring the politics of Ronald Reagan north of the border. It's a bit early

for anyone to start thinking of the Conservative leadership. But should Harper not get a majority in the next election, which will be his fourth kick at the can, it may be time.

Meanwhile, it's nice to see a Conservative who has the courage to air his views. Bernier had better watch his back, though. It's not a government that takes kindly to this type of thing.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

Views

Racing to eliminate the stigma of cancer

LiveStrong

Lance Armstrong

Before cancer touched my own life, I rarely thought about the disease.

When I was 25, it nearly killed me. An advanced form of cancer had spread throughout my body. My chances of surviving were poor. Even more remote was the possibility that I'd be able to compete as a professional cyclist again.

After two surgeries and

four rounds of chemotherapy, I was still alive. And because I had an excellent medical team, the support of my family and friends and a strong determination to live, the greatest days of my career and my life still lay ahead of me.

Thirteen years later, if I had to choose between winning the Tour de France and having cancer, I would choose cancer. I consider myself lucky for the experience, and because of that I feel a strong commitment to help everyone affected by cancer triumph over this disease.

Cancer touches every life on Earth. It is projected to be the leading cause of

death worldwide this year, claiming more of us than AIDS, tuberculosis and malaria combined. Twenty-eight million people struggle with it and if current trends continue, the number of new cases could triple by 2030.

But in many parts of the world, we don't talk about cancer. Many people believe cancer is contagious or that people who get cancer bring it on themselves. And the most common theme by far — a cancer diagnosis means certain death.

Molebatsi Poole-Shongwe, founder of the South African cancer organization BreastSens, says many people with cancer believe that

when signs of their condition become obvious, their communities will believe they have AIDS. Like cancer, this disease also brings moral judgment and persecution along with it.

Death by cancer is tragic. More tragic is losing a friend or a loved one when we could have saved them. We hope to inspire people to speak out about their experiences with cancer. If we unite, discrimination and ignorance cannot stand against us.

Lance Armstrong is a cancer survivor, champion cyclist and founder and chairman of LIVESTRONG, an organization that fights for the 28 million people around the world affected by cancer www.LIVESTRONG.org

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A Swiss watchmaker is hoping to raise a stink with an expensive timepiece made of dinosaur dung. Artya says the watch set in fossilized feces will sell for about \$12,000. **THE ASSOCIATED PRESS**

World



Brown steps into labour battle

British Prime Minister Gordon Brown, left, waded into the acrimonious dispute between British Airways PLC and its cabin crew yesterday, calling a planned strike "deplorable" and risking a major fallout with key union backers ahead of upcoming general elections. Brown's rare direct intervention in an industrial matter comes with the governing Labour party currently lagging in the polls behind the main opposition Conservative party ahead of an election that must be held by June 3. **THE ASSOCIATED PRESS**

Woman sues doctor over wrong implants

PITTSBURGH An Ohio woman claims in a lawsuit that a Pennsylvania plastic surgeon used the wrong kind of breast implants on her, then kept her knocked out longer than necessary and continued with the botched operation on the advice of her fiancé.

Brittany Daly filed the lawsuit Friday in Pittsburgh against Dr. Beverly Carl over the surgery. Daly contends

she decided on silicone implants because she was told they were more durable and less likely to ripple or deflate than saline. But Carl's office had only saline implants available, the lawsuit said. The woman, who was 23 at the time, was left under anesthesia for at least two hours as the doctor tried to, "in her own words, 'unravel this mistake.'"

THE ASSOCIATED PRESS

U.S. steps up heat on Israel

The Obama administration is demanding that Israel call off a contentious building project in east Jerusalem and make a public gesture toward the Palestinians to help defuse one of the worst U.S.-Israeli feuds in memory, officials on both sides said yesterday.

But Prime Minister Benjamin Netanyahu showed little sign of yielding, saying Jewish construction in east Jerusalem "in no way" hurts Palestinians. A Jerusalem city spokesman suggested Jewish building there would

continue.

Announcement of the plan to build 1,600 apartments for Jews in the Ramot Shlomo neighbourhood came during U.S. Vice-President Joe Biden's visit last week, embarrassing him and the Obama administration, angering Palestinians and endangering the start of indirect peace negotiations that are to be mediated by a U.S. envoy.

Adding to tensions was a ceremony yesterday in the walled Old City in east Jerusalem, where Jews rededicated an ancient syna-

gogue destroyed after the war that followed Israel's creation in 1948. Israeli police sent in reinforcements to prevent riots. The synagogue is in the Jewish Quarter, but Palestinians still saw the colourful celebration as an affront. After a weekend of rare broadsides from top U.S. officials, including Secretary of State Hillary Rodham Clinton, American demands became clear yesterday. The U.S. wants Israel to cancel

the construction plan, U.S. and Israeli officials said, speaking on condition of anonymity because no announcement was made.

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News in brief

MADAGASCAR Disaster officials say at least 36 people have died and more than 38,000 were made homeless by tropical storm Hubert. The storm hit the southeast coast of the Indian Ocean island nation last Wednesday. Officials also said yesterday that many rice plantations, roads and homes have been affected or destroyed by flooding. Disaster officials also say that some evacuation teams cannot reach disaster victims because of flooded roads.

THAILAND Anti-government protesters started donating their own blood as part of a plan to splatter the Thai government headquarters in a symbolic sacrifice to press their demands for new elections. As many as 100,000 "Red Shirt" protesters converged Sunday on Bangkok to demand that Prime Minister Abhisit Vejjajiva agree to dissolve parliament. Abhisit refused and blanketed the capital in security.

THE ASSOCIATED PRESS

Indonesia Footwear frenzy



Shoppers choose through clogs yesterday during a sale for Crocs footwear at the Senayan City shopping mall in Jakarta. The up-to-70-per-cent-off sale aimed to sell 80,000 pairs of footwear during the five-day event.

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WestJet CEO stepping down

WestJet president and CEO Sean Durfy announced his resignation yesterday, to take effect April 1. The announcement appeared on the company's Twitter page last night. **METRO NEWS SERVICES**

9

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Cost of owning a home rising: RBC

Home prices will continue to rise this spring as buyers scramble to close deals ahead of expected higher interest rates, new mortgage rules and new taxes in two key markets.

A report by RBC Economics issued yesterday found the cost of owning a home in Canada increased slightly across all housing segments in the closing months of 2009.

Strong demand, fuelled by exceptionally low mortgage rates, has increased

competition for the limited supply of homes for sale, which continues to drive prices up, the report said.

RBC senior economist Robert Hogue said the problem is likely to get worse with an anticipated rise in interest rates in the second half of the year.

The Bank of Canada has pledged to keep its key overnight rate at 0.25 per cent, where it has been

since last spring, until the end of the second quarter. But economists anticipate it will begin rising as early as July. **THE CANADIAN PRESS**



Toyota disputes 'inconsistent' runaway Prius story.

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Market Pepsi to drink up stock



In this October file photo, a delivery driver loads Pepsi and other products on a cart to be delivered to a convenience store in Orlando, Fla. PepsiCo said yesterday it will buy back up to \$15 billion worth of its own common stock through June 2013.

Think-tank calms fears over parity

CURRENCY With the loonie once again nearing parity with the U.S. dollar, a new report on the currency is giving hope it may not be the menace to the economy many believe it to be.

The Conference Board weighed in on the subject yesterday with a surprising argument — a strong loonie and currency volatility are a net negative for the economy, but not a major impediment, particularly if firms take steps to adapt.

More surprisingly, the think tank said currency fluctuations impact the service sector more than the manufacturing, mining and oil and gas industries.

THE CANADIAN PRESS

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Your Money

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

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As April 30 looms, temblors of fear roll from sea to sea. It's income tax anxiety and, unfortunately, it often stops us from taking advantage of some of the best help available — the people who answer the Canada Revenue Agency phones.

Last week I urged readers to take control by doing your own taxes. But whether you are a veteran filer or a novice, chances are you will need to ask a question or two. Same here. Over the years I've benefited greatly from CRA assistance.

Decades ago, as a fledgling writer, a kindly CRA

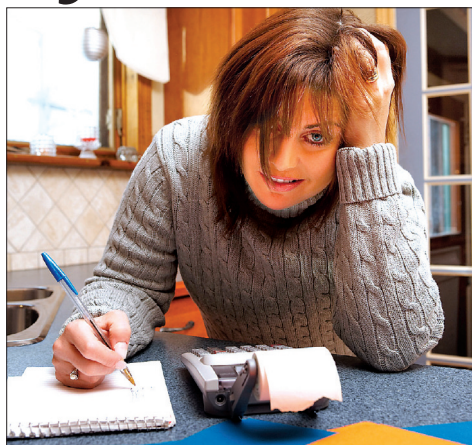
agent explained what I could claim as self-employment expenses and even directed me to pertinent publications.

When my husband proposed to me on the beach at Catalina Island, my first call (well, maybe not quite the first) was to the tax folk where I learned that losing the equivalent-to-married exemption meant I'd actually pay more tax if got hitched. Hello common law! (That deduction, sadly, no longer applies to the common law crowd.)

Following the death of my father-in-law 20 years ago, we neglected to file an estate return but CRA walked me through an appeal process which resulted in the cancellation of the substantial penalty.

When our youngest daughter lost her hearing after meningitis struck, CRA helped us through the tricky process of claiming disability deductions.

After my mother died in December a CRA smoothed out a few wrinkles in her financial affairs.



And now I've taken over my father's finances CRA has again provided a service. During a chin wag with an agent she noticed my father had never applied for the disability deduction for which he is eligible. Once his doctor fills out form T2201, I'll request a reassessment going back years, which could be

a nice windfall for dear old Dad.

Of course, with the filing deadline only six weeks away get cozy with a headset for your phone or hit the speaker button since you are likely to be waiting awhile.

Alison Griffiths is a financial journalist, author and host of Moxed Out on the W Network. Write to her at alison@alisongriffiths.ca.

Telemarketing scams top white-collar crime

HEATHER BUCHAN
for Metro Canada

It's dinnertime. Your phone rings. The caller congratulates you on having won a dream vacation. But you never entered a contest.

This, say experts, is a prime example of telemarketing fraud, which has become one of the most pervasive forms of white-collar crime in Canada.

Fraudulent telemarketing schemes include offering advance-fee loans, credit

card "protection," stock swaps, prizes and sweepstakes, and investment-grade gemstones. The scope of the operations range from one individual using disposable cellphones, to "boiler room" offices with dozens of staff.

According to the Competition Bureau, a telltale sign of fraud is when the caller puts pressure to act immediately. Criminals do this because short offer expiry dates reduce the risk of being traced by authorities.

Fraud Prevention

How to spot fraudulent calls

- Be wary if the caller demands an immediate answer
- Ask all marketing, research or charity callers for detailed written information you can check yourself, time to think about the offer, valid references and the means to contact them, and a call-back number. Then check Revenue

Canada's database to ensure it is a legitimate entity.

- If you suspect you've been defrauded, call your local police, bank and Phonebusters (1-888-495-8501).
- Canadians are not eligible for out-of-country lotteries. If you're told you've won one, just hang up.

6 tips for new home buyers

With spring home buying season in full bloom, Chris Wisniewski of TD Canada Trust offers this list of things Canadians, especially first time buyers, should consider when purchasing a home.

1 Consider a larger down payment — a 10 per cent or greater down payment will make a big difference to the amount you'll end up paying over time.

2 Choose your mortgage options carefully — whether you choose a variable rate or a long-term fixed interest rate mortgage will depend on your

comfort with interest rate risk and your ability to carry a higher mortgage payment should interest rates rise. As anticipation about rising interest rates grows, more people may be interested in exploring longer term fixed interest rate mortgages.

3 Choose a shorter amortization period. Instead of choosing a standard 25 or 35 year period, select a shorter amortization period at the beginning of your mortgage and dramatically reduce the amount of interest you pay over the shortened life of your mortgage.

4 Make lump-sum payments on your mort-

gage when you have the extra cash (such as when you receive your tax return). TD Canada Trust mortgage holders can make lump-sum payments of up to 15 per cent each year.

5 Buy the house that fits your budget not just your lifestyle — too big and you could be giving up that lifestyle just to pay it off.

6 When calculating the costs of home ownership, think about all the extra costs you could be faced with that may be included in your rent today, such as basic utility costs and home maintenance.

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12 England coach Fabio Capello expressed sadness yesterday that David Beckham's ruptured Achilles' tendon will prevent him from playing at the World Cup. Beckham underwent surgery yesterday on his left Achilles' tendon and Capello remains hopeful that the 34-year-old will be fit for England's European Championship qualification campaign, which begins in September. **THE ASSOCIATED PRESS**

Sports

Ovechkin hit with suspension

The NHL has suspended Washington Capitals star Alex Ovechkin two games for his hit on Chicago defenceman Brian Campbell. Ovechkin received a five-minute boarding major and a game misconduct for the hit during Sunday's game. Ovechkin drove Campbell into the boards from behind with 7:44 left in the first period of Washington's 4-3 overtime win over the Blackhawks. **THE CANADIAN PRESS**

EDITOR: DON.MCHOULL@METRONews.CA

SCOREBOARD

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McKeever gets Canada's first gold

PARALYMPICS Brian McKeever will never forget his Olympic disappointment, but the Paralympic gold medal he won yesterday helped remind him why he keeps racing.

McKeever's victory in the 20-kilometre cross-country ski race for the visually impaired gave Canada its first gold medal of the Winter Paralympics. The win came in an event where McKeever had finished second in his two previous Paralympics.

"That meant a lot," said McKeever, who was almost 42 seconds faster than the second-place finisher.

"That was the one we were waiting to win."

"It's been eight years in the making. That's the one we really wanted."

Yesterday also saw Canada earn gold and bronze in alpine skiing.

Lauren Woolstencroft won the women's standing slalom, while Karolina Wisniewska was third.

Woolstencroft, of North Vancouver, B.C., had a two-run combined time of 1:51.97 seconds, putting her almost seven seconds ahead of Germany's Andrea Rothfuss.

Vancouver's Wisniewska was timed in 1:58.84.

THE CANADIAN PRESS

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Flames drop big one

NHL RESULTS
Red Wings 2 Flames 1

Tomas Holmstrom's 20th goal of the season with 1:19 left in the third period gave the Detroit Red Wings an important 2-1 victory over the Calgary Flames last night.

In a battle for the final playoff spot in the Western Conference, the eighth-place Red Wings moved three points up on the ninth-place Flames. Both teams have 13 games remaining.

Holmstrom was stationed at the top of the goal crease directly in front of Flames goaltender Miikka Kiprusoff, as he was most of the night. Johan Franzen ripped a slap-



Detroit's Nicklas Lidstrom, left, hits Calgary's Nigel Dawes during the first period of last night's action.

shot from the blue-line and Holmstrom deflected the puck out of mid-air and behind Kiprusoff.

Pavel Datsyuk also scored for Detroit (34-23-

12), which has won three straight.

Craig Conroy scored the lone goal for Calgary (34-26-9).

THE CANADIAN PRESS

Possible NCAA expansion splits coaches

BASKETBALL In the overall scheme of things, expanding the field for the NCAA men's basketball championship wouldn't solve or create any problems for most people.

Then why have so many people offered so many opinions on something that's only in the discussion stage, at best, and might not even happen?

Because the three-week-end, 65-team format has become as much a March staple as cold rain in the Northeast and the sound of batting practice in Florida and Arizona.

Talk about expanding the field, from three more teams — to take away the stigma of a lone play-in


game — to as many as 96, is getting much of the attention as the 2010 tournament begins.

The Associated Press asked coaches across the country about their feelings toward expanding the tournament as their teams played in conference tournaments.

Out of 23 coaches who talked to the AP, the results were roughly split between those favouring expansion to 96 teams, those who like the tournament the way it is but would be open to tinkering with it and those who oppose expansion. Several others

said they weren't leaning either way just yet, but they do recognize the opportunity to make money, give more players the chance to experience the tournament, and — maybe most important — help a few of the 347 head coaches in Division I keep their jobs.

THE ASSOCIATED PRESS



NCAA official defends March Madness from harsh critics.

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Sports in brief

ARGOS The Toronto Argonauts have acquired their third quarterback in a week, signing Canadian Danny Brannagan to a three-year deal yesterday.

The Burlington native was last year's Vanier Cup MVP after leading Queen's to the national championship.

FIGURE SKATING Just more than three weeks after her mother's death, Joannie Rochette has decided she's not up to competing at the world figure skating championships. The

Olympic bronze medallist has decided to withdraw from the competition next week in Turin, Italy.

SENTENCE An Illinois insurance executive who secretly shot nude videos of ESPN reporter Erin Andrews was sentenced yesterday to 2½ years in prison after giving a tearful apology that was harshly rebuked by his victim. Michael David Barrett pleaded guilty in December to interstate stalking after prosecutors accused him of follow-

ing the reporter to at least three cities and shooting the videos through hotel peepholes.

SOCCER Fernando Torres scored twice as Liverpool beat Portsmouth 4-1 in the Premier League yesterday to keep the team's hopes alive of qualifying for the Champions League. Liverpool improved to 51 points, one behind fourth-place Tottenham in the last Champions League position.

METRO NEWS SERVICES

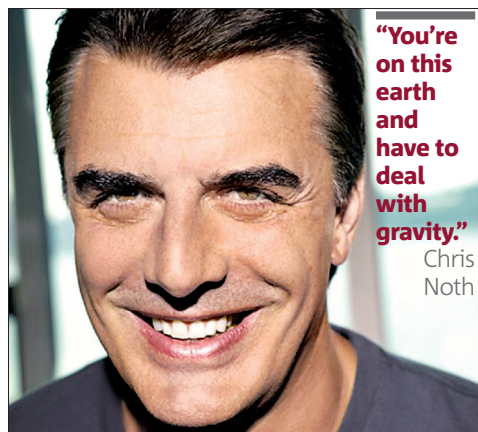
Not just for girls any more

Health Canada has approved GARDASIL, a vaccine previously only available to females, for males from the ages of nine through 26 for the prevention of infection and genital warts caused by Human Papillomavirus (HPV). There are 114 new cases of genital warts diagnosed in Canada every day. **METRO NEWS SERVICES**

Health & Beauty

EDITOR: EMMA.YARDLEY@METRONEWS.CA

Taking care of your skin is like working out



"You're on this earth and have to deal with gravity."
Chris Noth

Chris Noth is the new manly face of Biotherm Homme

JANINE FALCON
for Metro Canada

Turns out being a big star doesn't make a guy much different from most, at least when it comes to skincare products.

The growing variety on retail shelves, although an itty fraction of available lady potions, seems overwhelming. If someone gives you something you happen to like, though, you're loyal. And if you're "Big" actor Chris Noth, you become the North American face of the brand.

"I came here on a job and I couldn't bring stuff on a plane," Noth told Metro during his recent visit to promote his new role as the face of Biotherm Homme.

"I said I needed some stuff, shaving cream, mois-

turizer. (My agent) brought me the Biotherm and it was, you know, it was simple, it was good. I just kept using it and then we formed a relationship with them."

Noth, of course, is known for his role as reformed bachelor Mr. Big in Sex and the City, and currently stars in TV's The Good Wife. A self-described "simple" guy, he explained that before Biotherm, he wasn't into skincare.

"I paid no attention to it before. I used anything and nothing."

Now he regards a regimen as part of his routine.

"It's kinda like working out. You do it not just because it helps your body, but it also makes you feel clarity, grounded," he said.

"You're on this earth and have to deal with gravity."

Manly stuff to try

Among Noth's Biotherm Homme favourites are the Force Supreme Neutralizer Anti-Wrinkle Moisturizer (\$55), and the High Recharge Yeux Anti-Fatigue Cold Eye-Serum under-eye roller (right, \$40), which refreshes tired eyes. "I keep it in my car," he told Metro.



Biotherm Homme Force Supreme Neutralizer Anti-Wrinkle Moisturizer to fight signs of aging, \$55



Gillette Fusion Power MVP razor micro-pulses for a shave more comfortable for sensitive skin, \$12.99



Clarins Men Active Face Scrub to get rid of flaky patches, \$32. Anti-Wrinkle Moisturizer to fight signs of aging, \$55



Neutrogena Men Skin Clearing Shave Cream with salicylic acid for anti-acne assistance, \$5.99



Dove Men + Care Extra Fresh Body and Face Wash does double duty, \$6.99



La Roche-Posay XY Homme Anti-Redness Normalizing Balm to calm post-shave skin, \$27



Dermalogica Close Shave Oil for a supple-skin shave, \$26



Clinique Skin Supplies for Men Age Defense For Eyes to help with under-eye wrinkles and dark circles, \$28

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Lakehead
UNIVERSITY

One of the largest pubs in Canada is in what is called the Irish Village in Ottawa, where four different pubs under the same roof take up a city block. It is called the Heart & Crown in the Byward Market. **THE CANADIAN PRESS**

Food



EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Eat like the Irish

Celebrate St. Paddy's with green edibles

Shamrock Soup

On a day when we celebrate everything green, why not make dinner green too? Broccoli and potatoes make a bright, perfectly smooth and delicious soup that's easy to prepare. The shamrock-shaped croutons add fun and flavour.

MAKES 6 SERVINGS

INGREDIENTS:

- 1 large bunch broccoli
- 15 ml (1 tbsp) butter
- 3 cloves garlic, minced
- 1 onion, chopped
- Salt and pepper
- 2 potatoes, peeled and chopped
- 1 l (4 cups) reduced-sodium vegetable or chicken broth or stock

- 500 ml (2 cups) milk
- 125 ml (1/2 cup) shredded havarti, cheddar or mozzarella cheese

Shamrock Croutons
• 4 to 6 slices whole-grain bread
• Sour cream or plain yogurt (optional)

METHOD:

Cut broccoli tops from stalks. Peel stalks and chop coarsely. Cut tops into small florets and set aside separately.

In a large pot, melt butter over medium heat; sauté garlic, onion and 1 ml (1/4 tsp) each salt and pepper for about 5 minutes until garlic and onion are softened. Add broccoli stalks and potatoes

and sauté for 1 minute.

Add broth and bring to a boil over high heat. Reduce heat, cover and boil gently for about 10 minutes or until potatoes are almost tender.

Add broccoli florets and boil gently, uncovered, for about 5 minutes or until florets are tender.

Meanwhile, make Shamrock Croutons: Using a shamrock cookie cutter or a sharp paring knife, cut shamrock shapes from bread and place on a baking sheet. Preheat broiler.

In a blender, in batches, or with an immersion blender, puree soup until smooth. Return to pot if necessary. Stir in milk; heat over medium-low heat, stir-



Shamrock Soup.

ring often, just until steaming (do not let boil). Remove from heat; stir in cheese until melted. Season to taste with salt and pepper.

Just before serving, broil croutons on each side until toasted. Ladle soup into bowls, top with a spoonful of sour cream, if using, and float croutons on top.

THE CANADIAN PRESS

Authentic Irish pubs

Here are some tips on how to enjoy an authentic Irish experience on St. Patrick's Day and throughout the year: Find an Irish pub by checking online or in the local phone book. The real Irish pubs serve Irish food, music and draught Guinness or a number of the country's brews, and not only on St. Patrick's Day. Go for the atmosphere, including the talking, laughing, singing and dancing. Source: weareirish.ca.

THE CANADIAN PRESS

Liquid Luck Cocktail

Forgo the typical choice of beer for a delicious green cocktail.

Rosangel Liquid Luck (of the Irish)

INGREDIENTS:
• 1 part Rosangel

- 1 part white cranberry juice
- 2 splashes Midori
- 1 splash triple sec

RECIPE COURTESY OF
ROSANGEL TEQUILA.
METRO NEWS SERVICE



CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
3/16/10	267	351	- ACCESS	Alberta Primetime (Live)	FlashForward (HDTV) (N)	Lost "Recon" (HDTV) (N)	Lost "Recon" (HDTV) (N)	The Middle	Old Christine	Primetime	
	243	317	3 CFCN	Lost "Recon" (HDTV) (N)	Law & Order: Special Victims	Omni News: S. Asian Edition	American Idol (HDTV) The 12 finalists compete.	Two/Half Men	Two/Half Men	Metropolis	
	-	-	4 OMNI	King/Queens	The Simpsons	Entertainment	Omni News: Cantonese Edition	Lost "Recon" (HDTV) (N)	The Hour	FlashForward	
	-	371	5 KLY	4 News at 6	4 News at 6:30	Jeopardy! (N)	Lost "Dr. Linus" (HDTV)	CBC News: The National	The Hour	News Hour	
	245	306	6 CBRT	Wheel Fortune	Jeopardy! (N)	Rick Mercer	Kids in Hall	Comedy Fest	EP Daily	TJ Alberta	
	244	338	7 CICT	ET Canada	Entertainment	The Good Wife "Heart"	NCIS "Jurisdiction" (N)	NCIS: Los Angeles (N)			
	246	-	8 CKAL	Law & Order: Special Victims	Paranthood (HDTV) (N)	Paranthood (HDTV) (N)	The Biggest Loser (N)				
	119	705	9 CBFT	Virginie (SC)	La Factice	Providence (HDTV) (SC)	Muse Eden (N) (SC)	Le Téléjournal Nouvelles (SC)			
	-	-	10 SHAW	(6) Local Programming				Local Programming			
	-	372	12 KREM	News	Access H.	The Doctors	NCIS "Jurisdiction" (N)	NCIS: Los Angeles (N)	The Good Wife		
news	-	374	14 KSPS	PBS NewsHour (N)	Independent Lens Senior citizen chorus.						
	502	390	15 CBC	CBC News: The National	CBC News: The fifth estate	CBC News: The National	CBC News: The National	CBC News: The National	fifth estate		
	-	370	16 KHO	News (N)	Millionaire	Jeopardy! (N)	Wheel Fortune	The Biggest Loser (N)	Paranthood (N)		
	-	373	22 KAYU	The Office	Raymond	Two/Half Men	Two/Half Men	American Idol (HDTV) The 12 finalists compete.	Paranthood (N)		
	297	652	37 WPIX	Melrose Place (N)	PIX News at Ten Tong.		Two/Half Men	Friends	Friends	Family Guy	
	500	500	29 CNN	Larry King Live (N)	Anderson Cooper 360 (HDTV)			Friends	According-Jim	Cooper 360	
	508	502	31 CNN2	The Joy Behar Show	Nancy Grace		Showbiz Tonight	The Joy Behar Show		Nancy Grace	
	400	400	21 TSN	(6:30) 30 for 30	SportsCentre (HDTV) (Live)			Paralympics 2010 Sledge Hockey: Canada vs. Norway.			
	408	418	27 net	NHL Hockey: Oilers at Wild	Sportsnet Con.	Hockey Central	Flames Week	Sportsnet Connected (N)	Oilers in Hour		
	410	403	30 SCORE	College Basketball	Court Surfing NBA news, scores and highlights.			Score Now	Score Now		
sports	411	457	44 OLN	Oper. Repo	Oper. Repo	Ghost Hunters International	Destination Truth	Oper. Repo	Oper. Repo	Ghost Hunters	
	417	406	48 SPEED	Monster Jam (HDTV) (N)	Dangerous Drives (HDTV) (N)	Pass Time	NASCAR Hub	Race in 60 (HDTV)	Monster Jam		
	552	543	20 YTV	iCarly	To Be Indie	iCarly	Scorpion	Hates Chris	8 Simple Rules	What I Like	Family Biz
	557	541	39 FAM	Wizards-Place	Suite Life	SuiteLife	Sonny Chance	Han, Montana	Latest Buzz	Need's School	
	555	545	67 TOON	Johnny Test	Johnny Test	Ben 10: Alien Swarm (2009, Science Fiction)	Atlantis	Futurama	King of the Hill	American Dad	
	575	583	11 CMT	According-Jim	According-Jim	Home Improve.	Meet-Wilsons	Wilson	Amer. Funniest Home Videos	Reba	
	553	546	17 TREE	Franklin	Babar	Little Bear	Toopy & Binoo	Max & Ruby	Dragon (DVS)	Go, Diego, Go!	
	505	398	19 TWN	(5) EarthWatch One	EarthWatch One			EarthWatch Two			
	602	568	23 W	House-Sell	House-Sell	Supernanny	Shopping Bags	Grocery Bag	Beauty Call	Style by Jury	Look Good
	521	560	24 TLC	19 Kids-Count	19 Kids-Count	Quintuplet Surprise	6 Going on 60 (HDTV)	19 Kids-Count	19 Kids-Count	Quint Surprise	
family	603	561	25 FOOD	Hell's Kitchen	Hell's Kitchen	Good Eats	Good Eats	Restaurant Makeover	Diner, Drive-In	Unwrapped	Hill's Kitchen
	615	520	26 A&E	Criminal Minds (HDTV)	CSI: Miami (HDTV)	CSI: Miami (HDTV)	CSI: Miami (HDTV)	CSI: Miami (HDTV)	(10:01) Criminal Minds	Criminal Minds	
	617	522	32 SHOW	Trailer Park	Trailer Park	Relic Hunter	Anna's Storm (2007, Action)	Sheree Wilson	Drop-Diva		
	601	563	33 SLICE	Party Mamas	Wedding SOS	Wedding SOS	Wedding SOS	ET Canada	Whatever	Real Housewives of New York	Housewives
	-	633	34 ENC2	Jane-Dragon	(7:25) Once in a Blue Moon (1995, Fantasy)	Uncle Buck ** (1989, Comedy)	John Candy.	Uncle Buck ** (1989, Comedy)	John Candy.	Ferris Bueller's Day Off (1986)	
	520	505	35 DISC	Destroyed	Destroyed	Swamp Loggers (N)	Daily Planet	Without a Trace	Destroyed	Swamp Log.	
	620	553	36 BRAVO	Natalie MacMaster & Friends Talents.	McLauchlan	Law & Order	Law & Order	Without a Trace	Without a Trace	Mediterraneo	
	294	650	40 WPCH	Law & Order: Special Victims	Seinfeld	Name Is Earl	Batman & Robin ** (1997, Action)	Arnold Schwarzenegger.			
	626	547	41 CDM	Just for Laughs	Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Fit-Conchords
	-	539	42 TCM	(6) The Bad Sleep Well (1960, Suspense)			(8:45) High and Low **** (1963, Crime Drama)	Toshiro Mifune.			Red Beard
cable variety	628	584	43 SPIKE	UFC Unleashed	Blue Mountain	Players (N)	Ways to Die	Ways to Die	Ways to Die	Players (HDTV)	
	522	516	45 HIST	Ancients Behaving Badly	Ancient Discoveries	Cities of the Underworld	Pawn Stars	Pawn Stars	Pawn Stars	Ancients-Badly	
	627	528	46 SPACE	Medium (HDTV) (N)	Masters of Science Fiction	Stargate SG-1	Star Trek: Next Generation	Star Trek: Next Generation	Trek: Voyager	Trek: Voyager	
	-	-	47 AMC	(6) 12 Monkeys *** (1995, Science Fiction)	Bruce Willis.	Escape From L.A. ** (1996, Action)	Kurt Russell.			Halloween	
	619	525	49 TROP	End of Leash	Last 10	The Celebrity Apprentice Each team must run a diner.	Dog Whisperer	Sarah's House	Genevieve	Outdoor Room	
	600	564	50 HGTV	Sarah's House	Genevieve	House Hunters	Holmes on Homes	Sarah's House	Genevieve	Outdoor Room	
	501	391	52 CTV	CTV News Tonight	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News	
	504	508	70 BNN	Squeeze Play	Business News	Commodities	Market Call Tonight	Headline	Commodities	Squeeze Play	
	526	507	92 VIVA	The Closer "Blindsided"	Cold Case	Psychic Inv.	Ghostly Enc.	Judging Amy		Missing	
	269	350	93 APTN	Fish Out of Water	Mixed Blessing	Cashing In	Rabbit Fall	The Miliago Beanfield War *** (1988, Comedy-Drama)	Sonia Braga.		

critics'corner

The Good Wife

In a case that plays out in an emergency courtroom set up in a hospital, Alicia and Will battle tough-talking litigator Patti Nyholm and a monolithic health insurance company that refuses to pay for urgent in-utero surgery. In her off hours, Alicia decides to give Peter a proper welcome home in the new episode "Heart." 8 PM on CICT; 11 PM on KREM



Natalie MacMaster & Friends

To avoid confusion, please note that MacMaster is not the focus of this special. The focus is Cape Breton music and culture, which is captured in this film of a concert performed by the music troupe Cape Breton Live. So expect tons of fiddling, step-dancing and corny comedy. Other performers include Glenn Graham and Troy MacGillivray. 7 PM on BRAVO

Kids in the Hall: Death Comes to Town

Who says public executions are a thing of the past? Not in Shuckton. In the season finale, Mayor Marilyn orders an execution open to the whole community, but just in the nick of time, the truth about recent events in town is revealed. 9 PM on CBRT

LiquidAssets

Peter Rockwell

metronews.ca/liquidassets

New horizons

here do I drink from here? It's a

question anyone who enjoys wine will inevitably ask after they've bought a particular bottle for the umpteenth time.

The easiest way to expand your wine horizons is to stick with what you already know. There isn't a single winemaker who's a one trick pony and just about every wine you like will have a bigger (and supposedly better) version of itself waiting in the wings.

But what do you get if you work your way up the liquid ladder?

The Wolf Blass 2006 Grey Label Shiraz (\$34.80 - \$39.99) takes the Yellow Label's personality and increased it by, like, a thousand. Being made from grapes grown in one particular South Australian sub-region (McLaren Vale) gives it more concentration and depth to go along with its higher price tag.

Duval, Farrell bring movies to Tribeca

Colin Farrell and Robert Duval are among those bringing films to the Tribeca Film Festival in New York. The festival announced the bulk of its lineup yesterday. Making its U.S. premiere will be Neil Jordan's *Ondine*, starring Farrell and Duval in *Get Low*. **THE ASSOCIATED PRESS**

15

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

More than friends

David Schwimmer is engaged. The former *Friends* star, 43, asked for Zoe Buckman's hand in marriage after the 24-year-old British photographer recently moved to the U.S. to be closer to him. **FEMALEFIRST.CO.UK**

Northern colours

Film captures White Stripes' all-Canadian tour

PHIL BROWN
for Metro Canada

**On the web****DVD reviews:**

• For Peter Howell's take on *The Twilight Saga: New Moon* and *Broken Embraces*, visit metronews.ca

In 2007 the minimalist rock duo The White Stripes embarked on a special tour across Canada. Jack and Meg White vowed to play in every province and territory from P.E.I. to Iqaluit, creating spontaneous shows wherever they went.

This led to some pretty strange one-off gigs including a one-note show in St. John's and a bowling alley performance in Saskatoon. It was a bizarre tour that was filmed for the documentary *The White Stripes Under Great White Northern Lights*, out on DVD today. Shot in a low-fi style

that mimics the band's aesthetic, the film is a love letter to The White Stripes and Canada that should please fans and local audiences alike.

Surprisingly, this documentary was almost an afterthought for front man Jack White, who was more interested in the experience of touring across Canada than he was in filming it.

"The tour itself came first and the documentary came

second," White told Metro. "Meg and I wanted to explore this gigantic frontier right next to where we'd grown up in Detroit that was so untouched by not just our band, but touring bands in general. After doing some research we couldn't even find a Canadian band that had toured every province and territory. Also, half of our family goes back to Nova Scotian roots for about three or four generations and we thought it would be a perfect place to have our 10th anniversary show."

Though it wasn't the impetus for this specific project, White did admit that he'd always had a desire to make a tour documentary: "When you're on tour you tend to watch a lot of films



The White Stripes *Under The Great White Northern Lights*, out on DVD today, chronicles the band's 2007 tour of Canada during which they played in every province and territory.

about bands on the tour bus. I kept saying that this is definitely one of those movies that would be the first thing we would buy before we hit the road."

White feels proud about the project if only because it highlights some of the

strange free one-off performances that he played for audiences completely unfamiliar with The White Stripes.

"I live for those moments and the energy that comes from playing with an audience that has no interest in

what Meg and I do," said White.

"The free shows we were doing in the daytime made that happen. One day we played at a fort in Halifax with a marching band and those experiences were why we did the tour."

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It wasn't a love for butchered cover songs that led Ellen DeGeneres to the American Idol judges' panel. "I was like, 'Honey, that's it. Go get another job,'" Ellen's wife Portia de Rossi tells People with a laugh. "I'm that demanding." **METRO NEWS SERVICES**

Celebrity Buzz

Liam 'too pretty'

SOUNDS LIKE AN EPISODE OF HANNAH MONTANA Miley Cyrus fell for Australian actor Liam Hemsworth when they starred together in new movie The Last Song and the Hannah Montana star admits she initially didn't want to date the 19-year-old hunk because he is "too pretty," femalefirst.co.uk reports.

She said: "I don't know who had a big-

ger crush on him at the beginning, my mom or me. I was like, 'No, maybe he's just too pretty. I don't want to be with someone who's better looking than me. That's like awkward.'"

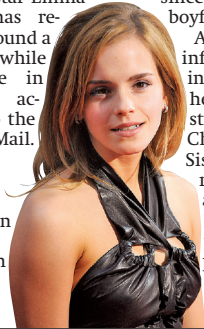


Hemsworth has also spoken about how the pair gradually became closer during shooting — on which Miley's mother Tish was the executive producer — because they were "each other's only friend." He said: "We spent a lot of time together. We're shooting together every day and together on weekends and we were kind of each other's only friends down there. We just got really close. We enjoyed being around each other."

METRO WORLD NEWS

Emma has a Latin lover

I WONDER IF SHE WILL SOON BE LIVING LA VIDA LOCA? Harry Potter star Emma Watson has reportedly found a new man while at college in the U.S., according to the Daily Mail. Class-mates say Watson has been getting cozy with Spanish musician



and fellow Brown University student Rafael Cebrian since her split from boyfriend Jay Barrymore. And Cebrian has even influenced Watson's acting choices, convincing her to join the cast of a student production of Chekhov's The Three Sisters, which has already sold out. "This is a new experience for Emma and she's a little nervous about her performance," a source says.

METRO WORLD NEWS

No sex, just pot brings cops

I'M SURE IT WAS PURELY FOR MEDICINAL PURPOSES A new unauthorized book about Angelina Jolie and Brad Pitt claims that a 2005 incident in which police in Kenya stormed the couple's hotel room wasn't brought on by their loud lovemaking, as previously reported.



Instead, the cops showed up because someone at the hotel smelled marijuana smoke, according to Life & Style magazine. Police reportedly searched the room without finding anything.

METRO WORLD NEWS

Luz part of Madonna's family

HE MAKES A GREAT BIG BROTHER Brazilian model Jesus Luz — who has been in a relationship with Madonna for around 15 months — feels like he has a complete family of his own since he started dating the 51-year-old star, who has four children, Lourdes, 13,



Rocco, nine, Mercy, five, and four-year-old David. The 23-year-old hunk told Brazil's RG Vogue magazine: "I consider myself a married man. I have a family. At my age, my father was also married. My mother gave birth to me when she was 15."

METRO NEWS SERVICES

Piers picking top UK stars

DOES HE MAKE HIMSELF NO. 1? America's Got Talent judge Piers Morgan is busy judging people in his home country as well as compiling a list of the 100 top celebrities in the U.K. for the Mail on Sunday. Making the top 10 are David Beck-



ham, Robert Pattinson, Paul McCartney and Kate Moss, but Morgan saves the top spot for his boss, reality TV tycoon Simon Cowell. Oscar-winning actress Helen Mirren comes in at 12, while James Bond star Daniel Craig is No. 18.

METRO WORLD NEWS

Follow these celebrities on Twitter...

CelebTweets

AXL ROSE finds showering electrifying, **KAT DENNING**s finds new ways to amuse herself, **ADAM LAMBERT** is feeling out of place, and **LADY GAGA** is nothing if not practical.

@axlrose So I'm in the shower at the gig after r Sao Paulo show n' when I touch the faucet I get a jolt of electricity!! Wtf!!

@OfficialKat Sometimes I prod my face and try to imagine what my skull looks like

@adamlambert Sometimes I wish I could time travel to 1969.

@ladygaga Once you kill a cow, you gotta make a burger

METRO NEWS SERVICES

Conrad wears her own designs

AND SHE'S NOT JUST SAYING THAT TO GET YOU TO BUY HER CLOTHES When Lauren Conrad needs a wardrobe update, she looks no further than her own collection for Kohl's.

"I think if you're not willing to wear your own clothes, you're doing something wrong. This line was meant to be about my style and pieces I want to walk into a store and want to buy. If you're not wearing your own line, you're taking all the fun out of it," the former reality star tells glam-our.com.



METRO WORLD NEWS

WEEKLY REWARDS

WIN A PAIR OF FRONT ROW TICKETS TO SEE JOHN MAYER LIVE IN CONCERT! AT PENGROWTH SADDLEDOME APRIL 3RD

The lucky grand prize winner and their guest will also WIN a meet and greet with John Mayer. Prize also includes 2 copies of John Mayer's new album Battle Studies and 2 posters!

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Visit **clubmetro.com** to redeem your rewards!

To register and for full contest details visit clubmetro.com

IT'S ANOTHER TERM FOR A NICKNAME, SHORTY

Watch **JEOPARDY!** tonight at 7:30 for the answer.

Following Wheel of Fortune at 7pm

Yesterday's answer: What is prim.

Today
Mostly Sunny
17°C / 0°C

Wednesday
Partly Cloudy
10°C / 2°C

Thursday
Partly Cloudy
4°C / -3°C



Andrew Schultz, Meteorologist - Breakfast Television

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."

WEEKDAYS AT 6 A.M.

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15				16				17		
			18				19	20		
21	22	23				24				
25				26	27				28	29
30				31				32		
33			34					35		
			36					37		
38	39					40	41			
42				43	44				45	46
47										
48				49				50		
51				52				53		

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	5		1					9
			6					3
8	7		9					2
	1		7	8		5		3
4		3		1	5		8	
					1		2	8
7	4				3			
9				6		4		

ACROSS

- October birthstone
- Loosen
- Explosive, for short
- Suitable
- Appear
- de cologne
- Nashville's home
- Pen point
- Pub missile
- Punch bowl accessory
- Pumpkin eater of rhyme
- Plain and simple
- Finished
- Press agent?
- Family
- Centrifuge inserts
- "— Got a Secret"
- Style
- Nicholas, for one
- "— the Knife"
- Meadow
- Last Greek

DOWN

- Frequently
- Chart format
- Landers or Curry
- Shylock, e.g.
- Cold War initials
- Bird's home
- Sandra or Ruby
- Brunch entrees
- Treat meat?
- Hammer's target
- Toothpaste holder
- Listener
- Onassis, familiarly

- Jab
- Badder than bad
- Some urban homes
- Guy
- Squealer
- Fond du —, Wisconsin
- Squished 35-Down
- Dweeb sort
- Stopped occupying
- Joke
- King, geometrically
- Air safety org.
- Do as I say
- Ponder
- Fit of peevishness
- Sicilian spouter
- Mound stat
- Young bloke
- Remnant
- Firmament

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

ENDS	AISH	QUAID	5	6	2	7	3	1	9	4	8
MAUNA	LOA	URSA	7	4	8	9	6	2	5	1	3
SEBELTUS	ADAR		1	3	9	4	5	8	2	6	7
AFT	ABRUPT		2	1	4	5	9	7	3	8	6
PARKA	SPOT		9	5	3	8	4	6	1	7	2
CLOY	SALAZAR		8	7	6	1	2	3	4	9	5
TEL	SILAS	REF	6	9	1	2	7	5	8	3	4
CLINTON	VEAL		3	8	5	6	1	4	7	2	9
TURN	DIARY		4	2	7	3	8	9	6	5	1
WASABI	BAS										
HULL	GEITHNER										
ETUI	HABANERA										
YOGA	TUB	UTAH									

On the web For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day



Cod with Spicy Lentils

INGREDIENTS:

- 1 tbsp olive oil, divided
- 1 onion, chopped
- 2 celery stalks, chopped
- 2 leeks, chopped
- 1 red chili pepper, seeded and finely chopped
- 1 cup lentils, rinsed and drained
- 4 cups vegetable broth
- 1 sprig fresh thyme
- 1 bay leaf
- Juice of 1 lemon
- Pinch of cayenne pepper
- 4 skinless cod fillets or cod steaks
- Salt and pepper

METHOD:

1. Preheat broiler. Heat half of olive oil in pot, add onion, celery, leeks and chili pepper; cook 2 minutes. Stir in lentils. Add vegetable broth, thyme and bay leaf; bring to boil. Lower heat and simmer

until lentils are tender, 20 minutes. If lentils have not absorbed all broth, drain.

2. Meanwhile, mix remaining oil, lemon juice and cayenne pepper. Lay cod on broiler pan, skinned side up, season lightly and brush with oil mixture. Broil until fish will flake easily, 6 to 7 minutes. There is no need to turn fish over.

3. Spread lentils on warmed serving dish and arrange pieces of cod on top. Serve immediately.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
If you are looking for ways to make your social life more exciting you will most likely find them in places you have rarely if ever been to before.

TAURUS
APRIL 21-MAY 21
Family and financial matters will go well today and if you've had problems in these areas in recent weeks you will find they are more manageable.

GEMINI
MAY 22-JUNE 21
Something will put a smile on your face today. Whatever it is it will remind you that life is worth living. Share your joy with your friends.

CANCER
JUNE 22-JULY 22
Your problems are not as bad as you think they are. In fact, most people you know would happily trade places with you this very minute.

LEO
JULY 23-AUG 23
You may be on your best form at the moment but are you on your best behavior? Others may complain that you don't take life seriously enough.

VIRGO
AUG 24-SEPT 22
An offer that sounds too good to be true will set the alarm bells ringing in your brain today, but don't be too eager to dismiss it as a trick or a gimmick.

LIBRA
SEPT 23-OCT 23
Do your own thing, in your own way, at your own speed today and don't let anyone persuade you that you should be doing something else.

SCORPIO
OCT 24-NOV 22
Nothing in life is impossible. Some things may be more difficult than others but for Scorpio the sky really is the limit. Aim to do even better.

SAGITTARIUS
NOV 23-DEC 21
There is no telling how far you can travel or how much you can achieve if you put your mind to it over the next few days.

CAPRICORN
DEC 22-JAN 20
Get together with some fun characters today - the sort of people who are not afraid to take a few risks. You have been far too conservative of late.

AQUARIUS
JAN 21-FEB 18
Make the most of each and every opportunity that comes your way and don't fall into the trap of thinking that your happiness depends on other people.

PISCES
FEB 19-MARCH 20
Once in a while something happens that catches you unawares and what takes place today will certainly shake you up a bit.

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This day in history

37: Caligula becomes Roman Emperor after the death of his great uncle, Tiberius.

1935: Adolf Hitler orders Germany to rearm herself in violation of the Versailles Treaty.

1952: In Cilaos, Réunion, 1,870 millimetres (74 in) of rain falls in one day, setting a new world record.

1995: Mississippi formally ratifies the Thirteenth Amendment, becoming the last state to approve the abolition of slavery. The Thirteenth Amendment was officially ratified in 1865.

2005: Israel officially hands over Jericho to Palestinian control.

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\$649

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(including service charges): \$218

JAMAICA

Sunset Jamaica Grande Resort & Spa • 4 ★

All-Inclusive • Standard rm.
Mar. 22 • 1 wk.

\$799

+Taxes & other fees
(including service charges): \$270

MEXICO

Ixtapa / Zihuatanejo

NK Krystal Ixtapa • 3 1/2 ★
All-Inclusive • Deluxe rm.
Mar. 20 • 1 wk.

\$959

+Taxes & other fees
(including service charges): \$273

Meliá Las Dunas • 4 ★

All-Inclusive • Standard rm.
Mar. 24 • 1 wk.

\$799

+Taxes & other fees
(including service charges): \$218

Iberostar

Rose Hall Beach • 4 1/2 ★

All-Inclusive
Standard garden view rm.
Mar. 22 • 1 wk.

\$999

+Taxes & other fees
(including service charges): \$270

Puerto Vallarta / Riviera Nayarit

Buenaventura
Grand Hotel & Spa • 4 ★
All-Inclusive • Deluxe rm.
Apr. 10, 17 & 24 • 1 wk.

\$999

+Taxes & other fees
(including service charges): \$270

DOMINICAN REPUBLIC

La Romana via Toronto

Gran Bahia Principe
La Romana • 4 1/2 ★
All-Inclusive • Junior suite
Mar. 20-27 & Apr. 3 • 1 wk.

\$929

+Taxes & other fees
(including service charges): \$314

HAWAII

Maui

Maui Coast • 3 ★
Double deluxe rm.
Apr. 17 • 1 wk.

\$1099

+Taxes & other fees
(including service charges): \$138

DEAL to EUROPE

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Breakfast • Double rm.
May 7 & 11 • 6 nts.

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Inside stateroom, cat. M
June 12 • 1 wk.

\$1749

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(including service charges): \$454

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Super-Inclusive[®]
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(including service charges): \$270

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Breezes Resort, Bahamas • 3 ★

Super-Inclusive[®]
Deluxe garden view rm.
May 11 & 12 • 1 wk.

\$1399

+Taxes & other fees
(including service charges): \$102

Breezes Resort, Bahamas



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